

# Building the Meditation Hall at the Place of Meditation

A Space of Silence and Peace

FUNDRAISING



HIMALAYA  
SAMARPAN  
MEDITATION

## Dear Readers,



*Amidst growing societal challenges, many people are seeking sustainable and effective ways to contribute to society and create lasting value.*

*Especially in today's fast-paced world, health and emotional well-being are becoming increasingly important.*

*A central mission of our foundation is to promote human well-being in a lasting and sustainable way. Our project, "Building the Meditation Hall," located at the "Place of Meditation" near Frankfurt, Germany, creates a space where people can find strength, peace and inner balance.*

**A central goal of our foundation is to foster lasting well-being for everyone.**

*This will be an open and accessible space, serving people not only in the region but also nationally, across Europe, and internationally.*

*We have already received building approval, enjoy broad support from local authorities, and construction began in October 2025.*

*The hall will be constructed sustainably using natural stone and wood and will feature an innovative heating concept — a flagship project with exemplary value for future generations.*

*Our foundation is run entirely on a voluntary basis and already has a solid base of supporters.*

*To make this project a reality, we warmly invite you to help us create this space for inner reflection.*

*With your donation, you can contribute to this sustainable building project and help establish*

*a unique place that promotes well-being and resilience in our society.*

*On the following pages, you will learn more about our project and how you can get involved.*

*For any questions or a personal conversation, we are always happy to assist you.*

A handwritten signature in purple ink that reads "B Raabe".

DR. BINYTHA RAABE

Chairwoman of the Board of the "Samarpan Meditation Deutschland Stiftung"  
(Samarpan Meditation Germany Foundation)

**Samarpan Meditation Deutschland Stiftung**  
Waldschulstr. 50 | 63628 Bad Soden-Salmünster  
Email: [stiftung@samarpan-meditation.de](mailto:stiftung@samarpan-meditation.de)  
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# Project Overview

## VISION | LOCATION | DEVELOPER

### ► The Place of Meditation

- Set in a natural environment near Frankfurt am Main, Germany
- Run entirely on a voluntary basis
- Free meditation programs
- A wide range of offerings for the local community, including children and families
- Accommodation and dining facilities

## MEDITATION

### ► The Himalayan Samarpan Meditation

- A meditation practice for managing life
- Simple and effective for inner strength and balance
- Open and free for everyone
- Practiced worldwide

## ABOUT THE PROJECT

### ► Meditation Hall Construction Project

- Flagship project: sustainable construction using solid natural stone
- A long-term investment in the future
- Energy-efficient with an innovative heating system
- A place to turn inward for current and future generations
- Construction work began in October 2025

## DONATIONS | CONTRIBUTIONS

### ► How the Project is Funded

- Via donations and fundraising
- Over 1 million euros have already been raised
- A strong base of supporters
- A reliably managed and transparent project with significant social impact

## DONATIONS | SPONSORSHIPS

### ► How You Can Support This Project

- Monetary donation
- In-Kind donation
- Sponsorship of natural stones
- Legacy giving

#### **Samarpan Meditation Deutschland Stiftung**

IBAN: DE 69 5065 0023 0054 0024 98

BIC: HELADEF1HAN | Sparkasse Hanau

Reference: Construction of the meditation hall, donation or endowment (include your address for the issuance of a donation receipt.)

## A WARM WELCOME

### ► Get in Touch

We look forward to speaking with you personally.

Please feel free to schedule an appointment by giving us a call or sending us an email.

- **Phone: +49 (0) 157 - 727 822 52**
- **Email: [stiftung@samarpan-meditation.de](mailto:stiftung@samarpan-meditation.de)**



# The Place of Meditation

## A Space of Silence and Peace

### Close to Nature

The “Place of Meditation” is idyllically nestled among meadows and forests on the outskirts of Bad Soden-Salmünster, just 70 km from Frankfurt am Main. Its doors are open to everyone – from the local community, across Germany, and around the world.

Everyone is warmly invited to unwind, meditate, and find renewed strength.

### History

In 2022, the property was acquired by our foundation. From 1954 to 2021, it was known to many people in the region as a countryside school under the name “Waldschule” (“Forest School”).

### Volunteering

All tasks are carried out voluntarily in teams. Activities are conducted collaboratively, with great joy and enthusiasm, fostering exchange and connection.

### Diverse Programmes

Our programmes offer something for everyone: a children and family retreat, the annual open house day, a yoga day, a collaboration with the Nature and Biodiversity Conservation

Union (NABU), a meditation retreat, and other special events. These events take place in addition to our regular offerings, which include twice-daily group meditation sessions and a monthly information afternoon where participants can learn about Himalaya Samarpān Meditation.

All offerings at the Place of Meditation are free of charge.

### Be Our Guest

The place is open year-round and is staffed around the clock by volunteers. Overnight stays in simple accommodations are offered at cost price. During events, guests are served

meals from our on-site kitchen; otherwise, self-catering kitchens are available.

### Development

In 2023 and 2024, one-day meditation programs were held with up to 400 participants.

In 2025, the highlight of the year included three major weekend retreats with over 300 guests from 14 different countries.

### Rooted in the Region

Our charitable Place of Meditation is well established in the local community. You can find our press coverage at the following link, providing insight into our past activities:



The current meditation hall no longer meets the present needs.



The Place of Meditation covers an area of approximately 2.5 hectares.

# The Himalaya Samarpan Meditation

## Why Meditation?

### Meditation – Scientifically Proven, Valuable for Organizations

Renowned studies show that meditation reduces stress, strengthens health, and enhances mental resilience.

An increasing number of companies are implementing meditation programs to support employee well-being.<sup>1</sup>

Meditation is an ideal practice because it is easy to implement and can be flexibly integrated into daily life.

<sup>1</sup> "Meditation for Skeptics – A Neuroscientist Explains the Path to the Self," Prof. Ulrich Ott  
"With Mindfulness in Leadership – How Meditation Benefits Companies," P. Kohler / N. Rossmann

## A Meditation Practice for Managing Life

### Simple and Effective

The Meditation is simple and effective and brings us into contact with our inner source of strength. Through this form of reflection, our humanity and inner wisdom are strengthened, enabling us to lead a fulfilling and empowered life.

### Inner Balance

It guides us towards inner balance, leading to balanced decisions and harmonious actions.

### Positive Transformation

This positive inner transformation leads to positive changes in our life circumstances and thus contributes positively to society as a whole.

### Open to All

It is open to everyone. Regardless of religion, people of all faiths and worldviews can practice it and integrate it into their daily lives.

### Worldwide Presence

It is practiced by people in many different countries, connecting individuals across the globe.

### A Message from the Himalayas

In the year 2000 Meditation master Shree Shivkrupanand Swami served as an ambassador from the Himalayas, bringing the meditation into society. Since then, it has been shared in its original form free of charge with all interested individuals.

Peace in the world begins with inner peace.

SHREE SHIVKRUPANAND SWAMI

### Programs for You

Upon request, we offer free meditation programs — as an impulse to mindfulness, resilience, and inner balance.



# Meditation Hall Construction Project

## A Flagship Project

### Growing Interest

Since the “Place of Meditation” was founded in 2022, we have experienced steadily increasing interest from members and visitors. As a result, the existing facilities on the grounds are no longer sufficient to host our meditation programs in an appropriate setting.

### A Long-Term Investment in the Future

The construction of a meditation hall is planned as an expansion and enrichment of our current offerings – and as a long-term investment in preserving this special place. With the new building, we aim to create a space for inner reflection for present and future generations.

### Nature-Inspired Architecture

The meditation hall will be built in harmony with nature and will blend into the regional architectural style.

All existing buildings on the property will be fully preserved.

Part of the new structure will be constructed using natural stone, complemented by wood and other sustainable materials. For energy efficiency, natural stone will be used in the main building due to its durability and exceptionally low carbon footprint compared to many other building materials.

An innovative energy concept combining heat pumps and photovoltaic systems will not only supply the new meditation hall but also provide nearly carbon-neutral electricity to the existing buildings.

### First Construction Phase

The first phase will create a building with approximately 317 square meters (3,412 sq ft). In the long term, an expansion to up to 526 square meters (5,662 sq ft) is envisioned. Planning permission for the final design has already been granted. **The first construction phase started in October 2025.**

### Project Timeline

**Our goal is to complete the building as quickly as possible.** Architectural planning and construction management are entrusted to the architecture firm “AGS”, which has over 40 years

of regional experience. The project will be implemented primarily by local contractors.

### Bridging Past and Future

**It is very important to us to preserve the heritage of the former forest school** – a place deeply rooted in the region. By maintaining the existing buildings and thoughtfully developing the site with new impulses, we are building a bridge between past and future, allowing this special place to continue to grow and flourish.

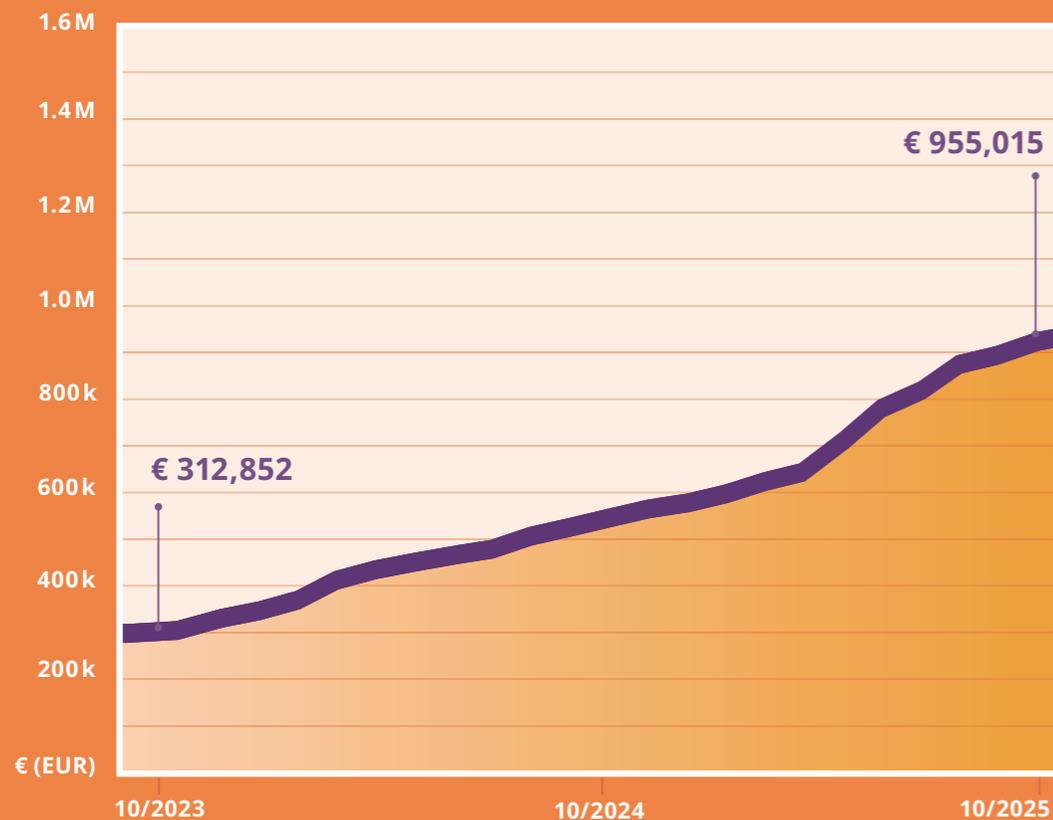
**A space of stillness is created – inviting contemplation and offering renewed strength.**

**“It is reassuring to see that this attractive design, which honors the character of the site, is now moving into the construction phase.”**

STEFFEN SCHOMBURG | Head of the Building Control Authority, Main-Kinzig District



# Development of Donations 2023 – 2025



The steady growth of donations is illustrated in the chart above.

## Financing the Project

### Planned Costs

The planned costs for building the meditation hall in the first construction phase amount to approximately **€ 1.6 million**.

For several years, we have been successfully collecting donations to support this special project.

**By October 2025, we had already raised around € 950,000.**

### A Strong Base of Supporters

The core of our financing is a circle of dedicated supporters:

- Around **115 people** donate regularly with a fixed monthly amount.
- In addition, we receive monthly donations from an average of **100 more individuals**.
- As part of four fundraising retreats in May 2025, over **600 participants** donated around **€ 160,000** to the construction project.

These figures demonstrate that we have a **solid and committed base of supporters**, who ensure the long-term success of the project.

A dedicated fundraising team coordinates all activities related to collecting donations.

**Our goal is to conclude the construction of the meditation hall shortly**, so that this special



Official groundbreaking ceremony with representatives from politics – including the mayor – the foundation, and the architects.

place of peace and strength will soon be accessible to many people.

**To achieve this, we require approximately € 600,000 of additional donations.**

### Your Donation Makes a Difference

**We warmly invite you to become part of this Flagship Project** – together we can make a lasting contribution to society.

# Why might Our Construction Project also be of Interest to You?

## Tax-Deductible Donations

As a recognized non-profit organization we issue **official donation receipts** that allow your contribution to be tax-deductible in accordance with applicable regulations.

## Strong Regional Roots and Broad Support

Our project is located on the grounds of the former forest school, a **site of historic significance** for the region. It enjoys broad support from **the local community as well as from local government bodies** – including the mayor, the municipal executive board, the local advisory board, and building authorities.

## Innovative and Ecologically Sustainable Building Concept

The meditation hall will be constructed using a distinctive architectural design – featuring a main building made of **solid natural stone** and a **modern, environmentally friendly heating system**. This sustainable approach will attract **attention beyond the region** and provide positive visibility for you as a supporter.

## Transparent and Audited Structures

Our charitable foundation operates under German civil law and is subject to regular oversight by the **Foundation Supervisory Authority of the Darmstadt Regional Council (Regierungspräsidium Darmstadt)**.

Your donation supports a reliably managed and transparently implemented project with significant social impact.

# How You Can Support This Project

## MONETARY DONATION

Make a financial contribution directly to our foundation.

## IN-KIND DONATION

Contribute materials, equipment or professional services.

## SPONSORSHIP

Support the project by sponsoring individual natural stone elements of the meditation hall.

## LEGACY GIVING

## BANK DETAILS

### Samarpan Meditation Deutschland Stiftung

IBAN: DE69 5065 0023 0054 0024 98

BIC: HELADEF1HAN | Sparkasse Hanau

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# Get in Touch

We would be delighted to discuss your individual support options in a personal conversation.

Your donation is in good hands with us – we use it responsibly, transparently, and in alignment with our charitable mission.

We are truly grateful for your support and for being part of bringing this special project to life.

If you have any questions or would like to get in touch, please feel warmly invited to contact us anytime.

With kind regards,

The Board of the Samarpan Meditation Deutschland Foundation

## ADDRESS / CONTACT DETAILS

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D – 63628 Bad Soden-Salmünster / Kath. Willenroth

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"It is a joy to observe how the place of meditation continues to develop and pursue even greater goals.

It is a special place where people can meet, meditate together, and find inner peace."

DOMINIK BRASCH

Mayor of the city of Bad Soden-Salmünster

## IMPRINT

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The Samarpan Meditation Germany Foundation is a legally recognized charitable foundation under the Darmstadt Regional Council. It is recognized by the Tax Office in Gelnhausen under tax number 19/250/71451 as a non-profit organization.



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