

SAMARPAN CENTRE EUROPE

Place of Meditation

Conditions and Travel Information



Welcome

We live in a world where we humans are interconnected, where all living things and nature are linked and connected. Every event on our planet has multiple impacts and affects the lives of all of us.

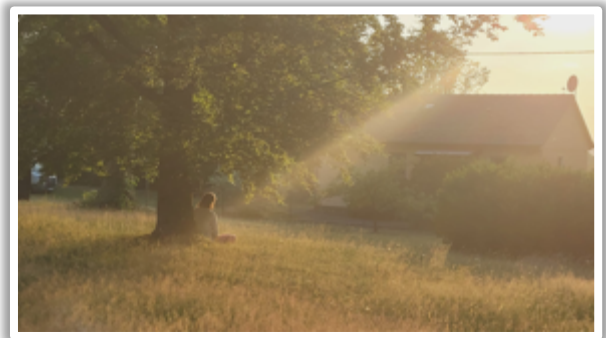
A place where inner peace can be experienced through meditation will radiate peace to its surroundings. When the meditation teacher Shri Shivkrupanand Swami ("Swamiji") came to Germany in 2014 for a seminar, he set the impulse that a place of meditation should be created near Frankfurt am Main. It should be a place where people come together to learn and practice Samarpan Meditation.

Such places of meditation and peace already exist in India, England, Canada, South Africa, Australia and Singapore. Now such a place is in the making in the center of Europe. A place where spiritual seekers and Samarpan meditators are welcome at the same time.

We sincerely wish you that your stay will have a positive effect on your life and that you may return to your life strengthened and nourished.

With warmest regards

The Board of the Samarpan Meditation
Foundation and Association



Registration

We will be happy to receive your registration for a stay 3 days in advance. You can contact us at: odm@samarpan-meditation.de. Regular check-in takes place daily at 4 p.m. at Haus Isenburg. When you let us know your arrival time, a volunteer member of Samarpan Meditation will welcome you and show you to your room and the site, and be available to answer questions about your stay. There is always a volunteer present at the meditation site to guard the meditation site.



Rooms

The rooms are simple and plain. Single-, double- and multi-bed rooms can be booked. In the main house the toilets are in the corridor and the showers can be used in the basement. In summer it is also possible to stay in small wooden houses. Please bring your own sheets and bed linen, if possible. On request, bed linen can be rented for an extra charge of 5 euros. **We ask you to leave the room broom-clean after your stay. Thank you very much for your help!**

Camping

The Samarpan Centre Europe is not a camping facility and does not have a permit for regular camping on site. Overnight camping in tents and RVs is possible by arrangement. **Please contact us odm@samarpan-meditation.de**



Operation

Various events take place at Samarpan Centre Europe throughout the year. You can stay overnight at the Samarpan Centre Europe and take part in all programmes. All prices are based on the expenses incurred by the Samarpan Centre Europe and are only intended to cover costs for running the Centre. Outside of these events, the main house and in summer also the outbuildings are available for stays for spiritually interested people and Samarpan meditators. During this time self-catering stays are possible, two kitchens are available for this purpose.

We kindly ask you to abstain from alcohol, meat and egg during your stay. We thank you for your understanding.

In the region there are various shopping facilities, which are easy to reach by car or shared cab. In addition, a bicycle is available for excursions or errands.

Prices rooms, mobile homes tents and billing *

*All prices are based on the expenses incurred by the Samarpan Centre Europe and are only intended to cover costs for running the Centre

Rooms

Single room: 40 euros / night*

Double room: 30 Euro / night*

Shared room: 25 Euro / night*

**In the winter months there is an extra charge of 5 euros / night for heating costs.*

**Children under 12 years are free of charge.*

**Children and teenagers from 13-16 years, pupils/students are charged 50% of rate in shared room.*

For people with special living conditions, financial or physical, as well as people over 75 years old, can receive assistance through a fund for charity. Please contact us for more information.

Camping

Motorhomes: 25 Euro / night

Tent: 20 Euro / night

Food prices*

Breakfast: 6 Euro

Lunch: 6 Euro

Dinner: 6 Euro

**If kitchen is open, mainly during retreats and events*



Use of self-catering kitchen: 2 € / day / person

Use of washing machine: 5 € (ideally, please bring enough change of clothes)

Settlement

Payment for food and lodging

Please pay on site when you check in for your stay.
Thank you very much!

Remittances



Samarpan Meditation
Germany e.V.
Hanauer Sparkasse
IBAN: DE47 5065 0023 0054
0025 06
BIC: HELADEF1HAN
Purpose: Overnight

accommodation allowance for (first and last name)
from (first day of stay) to (last day of stay) plus
meals (if you participated in the meals).

Spiritual offer at Samarpan Centre Europe

Group meditations

Two group meditations are held daily. The first meditation is at **8 a.m.** and the second meditation is at **7 pm**. All meditation programmes are free of charge. Day guests are also welcome.

*Exception: On Saturdays, the evening meditation takes place at **6 p.m.** and on Mondays, the evening group meditation takes place at **8 p.m.** along with an online introduction.*



Introductions to Samarpan Meditation

Every Monday there is an online introduction to meditation. Start is **18:45 p.m.**

Every **4th Saturday** there is a live introduction to Samarpan Meditation on site from **16:15 to 19:00 p.m.**

Live introductions to Samarpan Meditation can also be scheduled individually upon request. Please contact us for this purpose.

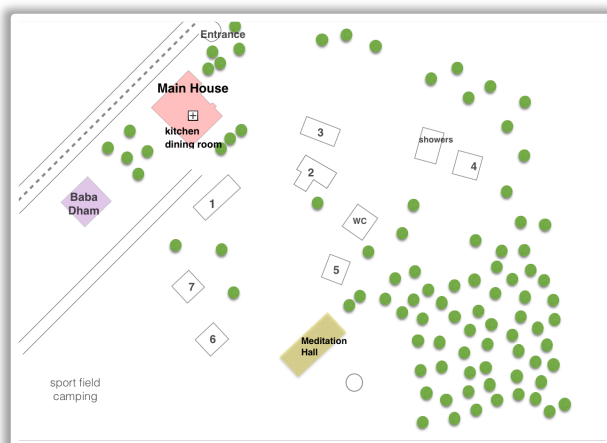
The Samarpan Meditation is free of charge, both the introduction and the group meditations are offered free of charge worldwide. This also applies to the Samarpan Centre Europe.



Retreats and occasions

We celebrate various occasions at Europe Samarpan Centre and hold regular retreats over several days.

During retreats and events, the large community kitchen is usually opened and meals are cooked for everyone.



Samarpan Centre Europe site plan: 1 House Isenburg, 2 House Birstein, 3 House Linsengericht, 4 House Bad Orb, 5 House Bergkirche und Neudorf, 6 House Gelnhausen, 7 House Lohrhaupten

Place of Silence

The Samarpan Center Europe is a place of spiritual development. We invite you to go inwards at this place. Shri Shivkrupanand Swamiji recommends that you only discuss spiritual topics and experiences at the Samarpan Center Europe and leave all your everyday problems at the front door.

More information about events



Travel Information to Samarpan Centre Europe (SCE)

Place of Meditation

**Address: Waldschulstraße 50,
63628 Bad Soden-Salmünster /
Kath.
Willenroth**

Mobil: +49 178
5796635



By public transport

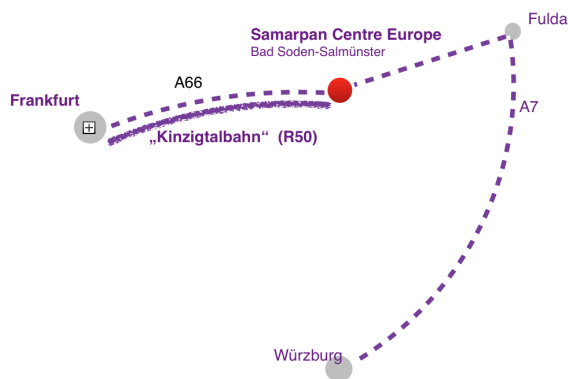
The nearest train station is **Bad-Soden Salmünster**, it is about 10 km away from SCE. Bad-Soden Salmünster is very easy to reach from Frankfurt, Hanau, or Fulda, as Bad-Soden Salmünster is located on the busy Frankfurt Fulda route. From Bad Soden-Salmünster a shared call cab goes directly to the Europe Samarpan Centre. The station is called "**Waldschule**". Do not use the word "ashram" or Samarpan Centre Europe.

Call-Taxi (AST): Organised by the public transport association, there is a call taxi that runs every two hours from Bad Soden-Salmünster railway station to ESC. **Contact shared cab: 0800 0584584** (at least 1h before departure the trip should be booked)
Opening hours: 09:00-16:00 Mon-Thu / 09:00-14:00 Fri

Another local taxi company: Taxi Boest, 0049 6056-1559, ca. 20 €.

Buying train tickets and further information

<https://www.rmv.de/c/de/start/>
www.kvg-main-kinzig.de



From Airport Frankfurt

From Frankfurt Airport **Terminal 1** (**Regionalbahnhof/regional train station**) go to **Frankfurt Central Train Station (hbf)**. The regional train station is located underneath Terminal 1. S-Bahn lines are **S8** (direction Offenbach) and **S9** (direction Hanau). Regional trains you also can take, are the train **RE 2** (departing from Koblenz) and **RE 3** (departing from Saarbrücken) going to Frankfurt Central Train Station. And from there further to **Bad Soden-Salmünster** with the "**Kinzigtalbahn**" (**RE50**).

From Frankfurt Central Train Station

At Frankfurt Central Station catch a train to **Bad Soden-Salmünster**, the **Kinzigtalbahn** (**RE50**) directly goes every hour without changing trains (48 min travel time). From there it goes on with the shared cab to "**Waldschule**" (see above).

For further help,
please join our
**Whats App Help
Group**



Assistance can be given or bookings can be made.

A small set of rules for guests

As the Samarpan Centre Europe is still under construction, it is not technically up to date. We apologise for any inconvenience this may cause.

Things to bear in mind when staying at the Samarpan Centre Europe:

- No electrical appliances should be plugged into the sockets in the sanitary blocks, in Gelnhausen and Bergkirche.
- No appliances that consume a lot of electricity (kettles, toasters, etc.) should be used in parallel in the kitchens.
- Multiple sockets can be used in the rooms of the main building, Linsengericht and Birstein, e.g. for lamps or for charging mobile phones. However, no appliances with high power consumption (kettles, immersion heaters etc.) should be connected.
- In winter, please ventilate the rooms and turn down the heating before leaving the room.
- If possible, always bring a change of clothes so that it is not necessary to use the washing machine.



Dog rules 🐕

- *We do not eat meat at Samarpan Centre Europe. Therefore, if you feed your dog meat, please do so outside.*
- *Please do not take your dog out to defecate on the SCE grounds.*
- *Please also pick up dog excrement from field paths or edges*
- *Please keep your dog on a lead near small children or people with dog phobia*
- *We ask you not to take your dog into the meditation room, the self-catering kitchens and the company kitchen.*
- *Please do not let dogs sleep in the bed*
- *When leaving the room after your stay, please clean the room thoroughly and wipe it with a damp cloth*
- *If you would like to bring your dog to an event, please contact info@samarpan-meditation.de in advance.*

Things to bring with you:

- your own bed linen (the existing pillows and blankets have slipcovers)
- slippers
- enough change of clothes
- torch

Publicity

The meditation venue is used for sharing and practicing Samarpan Meditation. We kindly ask you, not to display flyers or advertisements. Thank you very much