



# MAHASHIVIR

DISCOVER HIMALAYAN MEDITATION

*Explore the 800-year-old divine Himalayan Meditation  
with H. H. Shree Shivkrupanand Swamiji*

## YouTube Live Stream

23<sup>th</sup> to 30<sup>th</sup> December | 6:00 am to 8:00 am (IST)

🔊 Chapter 1 (23<sup>rd</sup> Dec 2020)  
Samagra Yoga

🔊 Chapter 2 (24<sup>th</sup> Dec 2020)  
Chitta Shakti - The Power of Universal Consciousness

🔊 Chapter 3 (25<sup>th</sup> Dec 2020)  
Aura- The Ultimate Protection

🔊 Chapter 4 (26<sup>th</sup> Dec 2020)  
Everything about Guru Tattva

🔊 Chapter 5 (27<sup>th</sup> Dec 2020)  
Samarpan- A Himalayan Mission

🔊 Chapter 6 (28<sup>th</sup> Dec 2020)  
The way of Prosperous Living

🔊 Chapter 7 (29<sup>th</sup> Dec 2020)  
Dealing with the poison of Past Experiences

🔊 Chapter 8 (30<sup>th</sup> Dec 2020)  
Become your Guru

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# GuruTattva

An initiative by Shree Shivkrupanand Swami Foundation

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